



ncc

NEW COMMUNITY

## CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA &amp; NEW COMMUNITY

NEW JERSEY DIVISION C

NEWARK PUBLIC LIBRARY

VOL. 2 NO. 4

NEWARK, NEW JERSEY

JUNE, 1984

# NCC SECURITY HELPS KEEP NEIGHBORHOOD SAFE

## Sergeants Lead The Way

The ability to live without fear sits at the top of the list with most people today. Their possessions are treasured and their health a necessity for their jobs. To feel safe in their neighborhood and in their apartments is of prime importance; however it is often a dream which never comes true.

New Community is trying to change all that. Through the efforts of its hard working security force, it is providing for its residents a safe, healthy environment in which to raise their families, or spend their golden years. Shouldering a great deal of the work on behalf of NCC Security are the five sergeants in charge of supervising the force, namely: Sgt. John Jackson, Sgt. John Newby, Sgt. Robert Anabui, Sgt. William Cameron and Sgt. Welton Lee Cartwright, Jr.

Sgt. John Jackson was born in Newark in City Hospital, which is presently the College Hospital and knows the area well. He even attended the Newton Street School, which is now within the NCC neighborhood, and attended by John's own children. After finishing up at the Newark Vocational and Technical High School he joined the U.S. Army where Advanced Individual Training steered him into security.

When he left the army however, Sgt. Jackson ended up in Brooklyn,

New York, where he and his wife Agnes made their home.

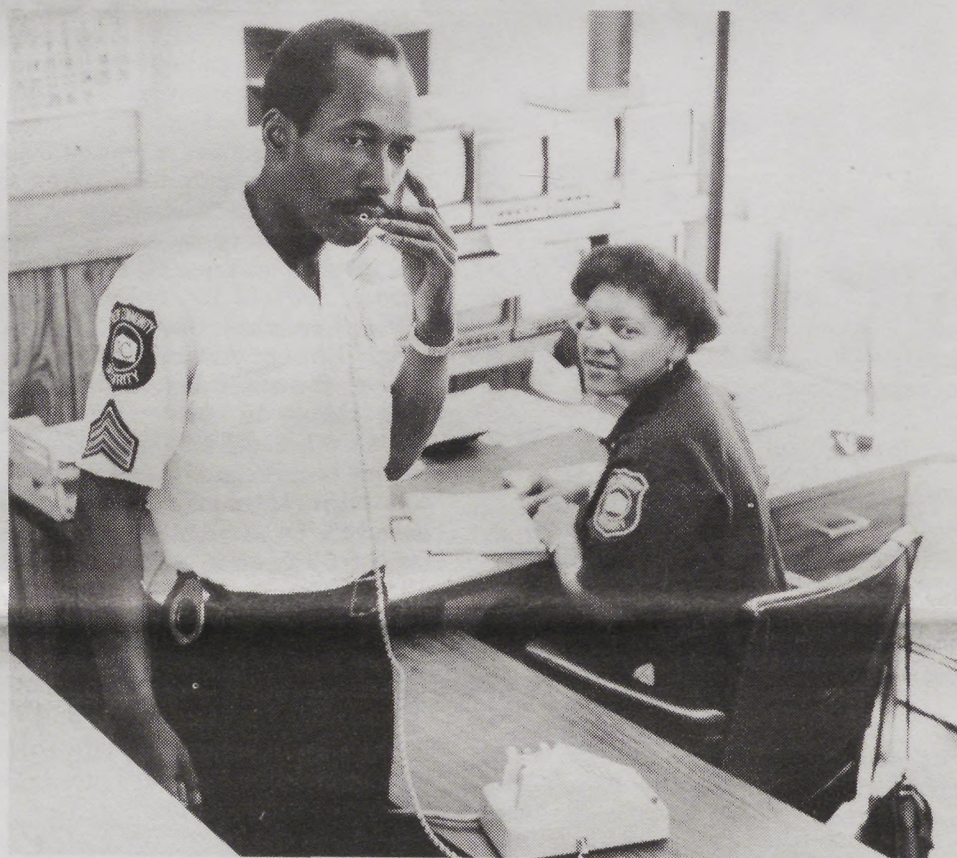
His mother in the meantime had been fortunate enough to get a lovely new apartment in a place called New Community — a new concept in housing, designed with the help of residents and having its own management and maintenance, and yes, even its own security force.

She liked her new home, and when Mrs. Jackson found they were looking for responsible security guards, she of course thought of her son, John, and suggested he apply. The rest is history.

John wanted that security position very much he told me, and hoped to make a success of his new position. He worked the swing shift at first, but after about 1½ or 2 years was recommended for sergeant, and then supervisor. "Ever since then I have been working for New Community — **which I like,**" he said emphatically.

He is always on the alert for strangers, whether on duty or off, and is highly regarded by his friends and neighbors who call on him if they feel anything should be checked out.

For a year-and-a-half John commuted between Brooklyn and Newark until finally he got his own apartment in New Community — "which I love," he added. He moved his family from New York, and since then they have been living very com-



Sgt. John Jackson

fortably in New Community. His daughter Tonia, age 12 and son Tyrone, age 15, also enjoy living here.

In his leisure hours, John enjoys shooting pool with friends, or horseback riding, and finds rowing a boat relaxing. He also likes to watch boxing and wrestling.

He has pride in his voice when he tells me that "NCC came along and gave me a hand, and I became part of New Community Corporation." He wanted me to make it clear that "I hope to be with NCC for many, many more years, just like the five I have just completed. I believe NCC is going to be successful in the future and if there's anything I can do to help improve it — feel free to ask," he concluded enthusiastically.

Sgt. John Newby, on the other hand, began his life in the small town of Sanford, North Carolina where everyone knew everyone else in town. After taking some courses in law enforcement and police science during his service with the U.S. Army, he worked for the Sanford Police Department, as part of his on-the-job training. Being part of the peer group there made it difficult to be objective in his work however, so he decided to try finding a job in a larger city, and arrived in Newark 6 years ago.

Before coming to NCC in August of 1982, he worked at two other jobs, and was also attending an electronics school. Then a friend told him about an NCC security opening. He applied for the job with security, bolstered by his background in Sanford, and got the position.

Since then his life has been on the

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## See How We've Grown!



Taken from same position as last month's picture, an update shows rapid progress underway. Sturdy concrete foundation of northwest wing of the Extended Care Facility is almost ready to receive ground floor.



# NCC SECURITY HELPS KEEP

(Continued from Page 1)  
upswing.

When he got here, he had only \$40.00 in his pocket, he told me, "and I didn't know how I was going to make it."

"The company has done a lot for me, and for my family," he said gratefully. "I like it here very much."

Sgt. Newby's wife Aileen is studying for her GED from high school. They have two sons, John, 8 years old and William, 3 years.

Son John will be going into the 3rd grade at St. Rose of Lima School in September, and he is pleased about



Sgt. Welton Lee Cartwright Jr.

that. "I live for my kids now. And I've hung in there," said Newby proudly.

They now live in New Community housing. "Before we moved to NCC, the children had nowhere to play," John remembered. "Now I can let them play outside." He even lets William J. ride his bike outside because he knows it's pretty secure and he'd like to keep it that way.

Referring to his work, John was rather philosophical. "There are good people and there are bad people," he said. "You know, everything can't turn out good."

Sgt. Newby enjoys his job with NCC and has found great satisfaction in it. After just 3 months on the job he was recommended for supervisor. "I try to keep them satisfied, because they put their trust in me," he said sincerely.

He feels New Community did much to build up his family by giving him this opportunity. His job has gained him self-respect and when he walks down the street and his children see that he is respected by others he feels this makes **them** respect him more too. And it makes him feel "really good."

New Community is like family.

Sgt. Robert Anabui saw a great deal of the world before settling in Newark.

His mother and all his brothers and sisters remain in Nigeria where he was born. He does not miss them however, because they are a close family of 9 children and communicate all the time.

Between 1966 and 1969, during the



Sgt. John Newby

Nigerian Civil War he served in the Nigerian Army. His thirst for education sent him to far flung places after his service days were completed.

Arriving in London in 1972 he attended the National School of Salesmanship there, receiving both his red seal and gold seal diplomas. He then returned home to Nigeria where he worked for about a year in sales management.

But he was not satisfied with his education yet. Sgt. Anabui came to the United States in December of 1974 and enrolled at the Midtown

School of Business in New York City where, he also received a diploma in sales management. Seeking further learning, he went to Rutgers University and then to Essex Community College in Newark, where he received an associate degree in Art. He has also taken courses in fine art and commercial art at Jersey City State where he is presently studying for a Masters degree in art. As he puts it — "I fell in love with art."

Looking at the buildings in the New

(continued next page)

## NC Associates

On March 30th the Senior Citizen Organization held the first of its quarterly Birthday Parties. The evening was filled with laughter and music and the enticing aroma of food filled the air. Those attending had an enjoyable evening. Ms. Maude Jones, president of the Senior Organization was happy to announce she was celebrating her 80th birthday.

\*\*\*

The Girl Scouts entertained the residents on Saturday, April 14th. It was a time of fun and laughter. The show and gifts were deeply appreciated and enjoyed by those attending.

The tenants sincerely thank the Girl Scouts and their

leaders for the time and effort they put forth, to make the day more pleasant for the residents.

\*\*\*

Ellen Watson, with the help of the presidents and members of the clubs in the building, held a fantastic **Pre-Mother's Day Dinner** on May 12th. Initiated by Ms. Watson, others gathered together to help her. Several women were honored and a beautiful afternoon was planned for all residents to enjoy. Virginia Scott of NC Social Services acted as master of ceremonies and did a delightful job.

Among the thoughtful touches provided was the presentation of orchids by the choir to the approximately thirty honorees. They also received live plants from the arts and crafts club. Lorna Cold, and Mother Betty Lawrence, past and present pianists for the choir, were honored for the many hours spent for the benefit of all the seniors. A good citizenship award was made to Mr. Thomas Grier at the event for his help to his neighbors.

Entertaining at the event were the Spiritual Comforters, a singing group, and their soloist Miss Frances Clayton.

Phyllis Burton

## THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

PUBLISHER: New Community Corporation  
EDITOR: Patricia A. Foley

Send to: The Clarion  
c/o New Community Corporation  
755 South Orange Avenue  
Newark, New Jersey 07106  
(201) 399-3400  
Circulation: 5,000

## NCC ANNOUNCES PLANS FOR CONDOMINIUM TOWNHOUSES

NCC is working on the development of a fifty-two (52) unit residential condominium townhouse development to be located on a site adjacent to our primary redevelopment area in Newark's Central Ward.

The proposed project, to be known as **New Community Estates**, will consist of twenty-six (26) two-bedroom units and twenty-six (26) three-bedroom units. The units will be two-story attached townhouses with living space on the first floor and bedrooms on the second floor.

The units will sell for an average price of approximately \$42,500.00. The model units are expected to be completed and ready for viewing late this Summer.

Permanent mortgage money at 11% for 30 years will be available for qualified buyers.

The average down payment and closing costs will be approximately six thousand dollars (\$6,000.00).

The average monthly carrying costs (mortgage payment, real estate taxes, insurance and common area charges) will be approximately \$525.00. This figure **does not include** utility costs

which will also have to be paid by each owner.

A minimum annual gross income of approximately \$22,000.00 will be necessary to qualify for the mortgage loan.

NCC wishes to compile a list of families and individuals who might be interested in purchasing one of these townhouses. If you are interested, **WRITE** to:

Condominium Townhouses  
c/o New Community Corporation  
755 South Orange Avenue  
Newark, New Jersey 07106

Your **letter** should include the following **information**:

Name  
Address  
Telephone number (where you can be reached during the day)  
Number of family members  
Employer  
1983 gross income

All information will be kept strictly confidential.

(NOTE: This is not an offering which can be made only by a Public Offering Statement which is not yet available).

## June Schedule of Family Activities

### Tues. June 12th

N.J. Transit speakers forum  
7:30 p.m.

There will be a team of staff representatives from New Jersey Transit Authority at the Gardens Pavillion (Social Services), to explain the operation of buses in this area. At that time questions

will be answered and bus schedules and other materials provided.

### Fri. June 15th 22nd & 29th

Ceramic Classes for Families  
(180 So. Orange Ave.) 7:00 p.m.  
Classes are free, but you must purchase items that you desire to

work on. Marion Coleman, Instructor.

### Mon. June 18th

Theatre Club meeting - 6:30 p.m.  
This group meets once each month. The purpose of this club is to provide leisure activities and cultural enrichment such as trips and shows.



# NEIGHBORHOOD SAFE

Community complex with an artistic eye he "loves the design" of them.

He also loves to travel and has done so extensively, visiting such places as Russia, West Germany, Canada and the African countries.

Robert has been with New Community since August of 1983 when he answered a NCC ad for security guards. His 6 years of previous experience in security was a help, and he was immediately assigned to Douglass-Harrison when it was acquired by New Community.

Sgt. Anabui has been married 8 years and happily recalled meeting his wife Valerie while she was a student at the University of Texas, and he was a visiting player on the Rutgers soccer team.

They now have three children — a son Omohape, 6 years and daughters Amina, 5 years and Eyere, 4 years.

Omohape already reads a lot of books, Robert revealed. He started at age two, recognizing words as they were written down by Valerie and himself. His daughters are "pretty smart" too he said proudly.

Omohape will be transferring to St. Rose of Lima school in the fall, he told us, and Amina will begin kindergarten there. She presently attends Babyland Nursery. Of the transfer Anabui commented, "We are Catholic and wish to bring them up in a Catholic environment."

Since Nigeria still has the British system of education, and Sgt. Anabui feels American education is better, he has brought over two nephews to live with him, while receiving their education here. Thirteen year old Michael, son of his eldest brother, and seven year old Adesina, son of his sister will also be attending St. Rose.

"They are very happy they're here with me," said Anabui.

Not only does he search for education but he inspires others to search also.

Robert's life is filled with hobbies such as soccer, swimming (he was on a team for his home state in Nigeria),

wrestling and reading. He also enjoys country and western music, classical music and jazz.

Robert also spends some time teaching in art classes in the high schools and elementary schools of Newark whenever he can make himself available, and has a commercial art studio in his home.

His job with New Community Security is one he finds very satisfying, since he can relate to what New Community is doing for people. He is the type of person who likes to go around helping people, he told me, and intends to put all he has into making his job with NCC a success. "I can put all I have into it, for I do enjoy the helping part my job in security allows."

In May of 1983 Sgt. William Cameron joined the NC Security force and was promoted to sergeant in February of this year.

"It has been a wonderful experience," he said sincerely. William did not know very much about Newark having come also from North Carolina, but he quickly learned. His squad caught a burglar recently and turned him over to Newark police — "An excellent job," according to Director Rubin Battle.

Sgt. Cameron finds the biggest difference for him is the number of people he encounters here, and was a little disheartened when he would greet passersby as he would in his small home town — and they did not answer. But now that has all changed. Today he knows almost all the kids in the neighborhood by their first names and knows their parents as well, making his job much easier. He can easily spot a stranger.

Since joining New Community he has met a lot of nice people here and likes his job "a whole lot."

Cameron has also always wanted to work with teenagers, and has had a chance to see and talk with a lot of them through his job with NCC. He has even begun thinking about going back to school and taking some



## New Community Security

Sgt. William Cameron

sociology courses. While in North Carolina Sgt. Cameron had attended ANT State University for a year, but dropped out to care for a younger brother after the death of his parents. When his brother reached eighteen, William went into service with the Army, where he worked at Andrews Air Force Base, seeing many celebrities and at least two presidents while he was there.

After his service was finished he moved to Newark and found work with New Community.

Due to illness Sgt. Cameron's wife Priscilla is now back in North Carolina for a while and his children Flossie 11 years, Claudette 10 years, and William Jr. 3 years are cared for by her mother. He hopes she will be well enough to return shortly.

Meanwhile he likes working for NCC because they are so involved in the community with different things. He finds the programs they run help him pass the time while not on duty, and allow him to try new things. All the friends he has are entwined with NCC. On days off he basically attends anything New Community has going on, like the recent Chinese Auction.

Cameron also praised the youth activities which he feels keeps a lot of young people out of trouble.

Sgt. Cameron patrols at Douglass-Harrison and finds the people there very cooperative. A lot of them are elderly and vulnerable and he "has a soft spot for senior citizens — I love them — they're so good," he said with admiration. He finds they have a great deal of respect for the NCC Security guards and feels that many of them have been without security in their lives at some time, thus as with anything else they now appreciate it more.

He admits that if it were not for NCC he would have gone back down to North Carolina, but now he has a life with purpose here.

Completing the roster of sergeants is Welton Lee Cartwright, Jr.

Having lived in Newark since infancy, he knows the area well, and graduated from Weequahic High School in 1972.

He came with New Community in the fall of 1983 and earned his sergeant's stripes in February 1984.

Word that New Community was hiring security guards came to him through a friend working for NCC, who encouraged Welton to put in an application. His Army M.P. training obtained while in Munich, Germany, gave him a good background for the job and groundwork in handling people and difficult situations.

He had worked at several jobs, but was really looking for one in which he would have more direct contact with people, and has been pleased working for "the company." "They treat me well," he said honestly. He would like to make a career out of his job and sees promise in the expansion taking place with the construction of the new nursing home and St. Joseph Plaza, since this means they will need more security manpower, and more responsibility from him.

He finds the day is more interesting when you can talk with other people, and each day is different at New Community. One day it's quiet and the next exciting — no two are alike.

We talked about the job. "Sometimes, if you run into an incident you can't run into it, and act," he explained. "You must take about 10 or 15 seconds to just think; listen and just think." Otherwise you might handle the situation unwisely. His military training gives him an edge perhaps.

Sgt. Cartwright is married and the father of a daughter Constance, who will be 3 years old in November, and who is well named he says because she is constantly in motion. His wife, Brenda Lee, keeps her in tow except when she's at work 3 days a week, and his 11 p.m.-7 a.m. shift makes him available too.

To relax, Welton enjoys a good movie or sports program on TV, or sometimes plays basketball with his brother-in-law.

The people he talks to often comment on New Community and find much hope in the fact that it is expanding and creating more jobs. It's a good sign, they feel. "That's a good thing," they say.

Sgt. Cartwright is very proud of New Community, for as he put it, "It really is all for the people. It's for EVERYBODY."



Sgt. Robert Anabui



# Keeping Pace

New Community Director of Development Matthew A. Reilly continues series on development activities and related concerns.



Matthew A. Reilly

With the renovations at St. Joseph Plaza 75% complete and with the construction of the Extended Health Care facility well underway, the NCC Trustees and staff are now devoting our energies to the continuing development of several major projects:

## Rehabilitation of the

### Douglass-Harrison Apartments

In the February, 1984 issue of *Clarion*, I wrote about NCC's plans for the historic Douglass-Harrison complex. I am happy to report progress on this matter.

The installation of the fire/smoke detection system is almost complete.

We have submitted a proposal to the City of Newark to acquire the city-owned park land which lies between the two (2) rows of buildings. NCC wishes to acquire this property so that we can (1) fence the entire perimeter of the site to improve security; (2) create a small amount of on-site parking to improve traffic flow on adjacent streets; (3) build a one-story community pavilion to consolidate the laundry rooms and manager's offices and to create space for a security office and a communi-

ty meeting room; and (4) re-landscape the park area.

Most importantly, we have submitted a proposal to the N.J. Housing and Mortgage Finance Agency to borrow funds to finance a variety of renovations including the four (4) park-land items described above. We also intend to repair the roofs, install new windows, modernize the heating system, purchase new kitchen appliances and laundry equipment, repair and paint interior walls, and install a security system.

We intend to begin the renovations soon enough to enable the energy-related items (especially the heating system) to be completed before next winter.

### Pathmark Food Supermarket

The front page of the October, 1983 *Clarion* announced that NCC had obtained a \$275,000 loan from the N.J. Department of Community Affairs (DCA) to pay for the initial development expenses of our proposed Neighborhood Shopping Center. This project is moving ahead in several different areas.

To date, DCA has advanced about 25% of the loan to pay for land costs and certain professional service fees.

We have completed the property appraisals, the property title searches and the topographic/boundary survey.

We are continuing our discussions with representatives of both Pathmark and the Prudential Insurance Company of America which has indicated a preliminary interest in providing the financing for the project.

The N.J. Housing and Mortgage Finance Agency has been asked to consider the issuance of bonds for the facility and the supermarket equipment.

NCC is working every day to get this needed project into the ground just as quickly as possible.

### Recreation Center (Hayes Street)

NCC has submitted a proposal to the City of Newark for a new recreation center which we propose to build on Hayes Street next to the Springfield Branch of the Newark Public Library. NCC has asked the City to provide a portion of the costs of the facility.

The facility will be a one-story structure with a large gymnasium/auditorium, a stage, men's and women's locker/shower rooms and several smaller activity rooms.

The land for the project has already been purchased, cleared and fenced. NCC's portion of the project cost is already in hand. We hope to conclude our discussions with the City shortly and begin construction in late Summer of this year.

### Residential Condominium Units

NCC is vigorously pursuing this matter on two separate fronts.

First, we have requested that the City of Newark select NCC as one of the community group sponsors for the City's proposed single-family affordable modular housing project. The U.S. Department of Housing and Urban Development, through the 1983 Federal Emergency Jobs Act, has

allocated 1.5 million dollars of CDBG funds to the City for this housing program. The City is considering as many as eight (8) different sites for the program.

Second, NCC is working on the development of a fifty-two (52) unit condominium townhouse project on a site adjacent to our main development area in the Central Ward. The N.J. Housing and Mortgage Finance Agency has set aside 2 million dollars of permanent mortgage money for the purchases of these units.

We intend to have the model units in place and ready for viewing late this Summer.

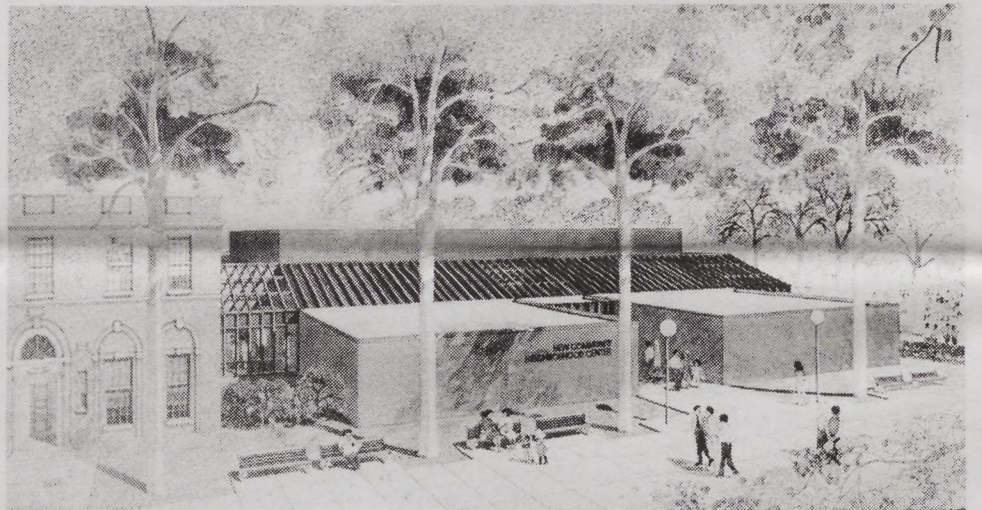
All of these projects have several very important things in common:

(1) They will provide sorely needed facilities and SERVICES to the community;

(2) They will create both construction and permanent JOBS; and

(3) They will contribute greatly to the physical and economic REVITALIZATION of the City.

There is much work yet to be done on all these projects. Everyone in the New Community family must be ready to work and fight to see these dreams come true.



Artist's rendering of proposed Recreation Center.

## The Anti-Crime Corner



Georgia Ransome

Neighborhood safety depends not only on outside security forces, such as city police and private security guards; it requires also the cooperation of those residing within the neighborhood itself.

New Community, aided by the Victoria Foundation of N.J., entered into the Neighborhood Anti-Crime Self-Help Program sponsored by the Eisenhower Foundation, in February.

A quote from the Neighborhood Action Guide developed by the Civic Ac-

tion Institute and funded by the U.S. Department of Housing and Urban Development most clearly explains the purpose and primary methods they have found useful for solving this community problem:

*"The fundamental purpose of a community crime prevention program is to reduce crime and the fear of crime. The primary methods are training people in crime prevention techniques and helping them to work together in crime prevention activities. In this way, residents become more responsible to their own needs and break down the isolation which makes people strangers among their own neighbors. This contributes to neighborhood stabilization and revitalization and produces a friendlier, more caring neighborhood."*

*The backbone of community crime prevention is organizing individual blocks with regular block meetings in members' homes. These are then united into a Block Association of representatives of up to 25 blocks in close proximity. The Association deals with crimes prevalent or recurring in the neighborhood and with the larger*

*picture of neighborhood needs. It helps citizens and police to attain mutual goals of crime prevention. The Association acts as a platform for programs and speakers on local criminal justice issues in order to educate the residents, and it serves as a forum for other community issues. As a result, residents become united and work together toward a safer, stronger community."*

On Friday, May 11, 1984 the first meeting of the Douglas-Harrison Anti-Crime Advisory Board was held. This meeting marks the beginning of several changes we expect to see in the Douglas-Harrison community. The initial efforts, the board felt, should be aimed at reducing the opportunity for crime around the areas of the A&P and the Park. Suggestions made to accomplish this goal were: 1) a resident's watch and 2) the possibility of more patrols from the Newark Police Department during the time that Seniors receive their Social Security and pension benefits. There were several other suggestions which are now being analyzed to determine their potential. In the next month every resident will receive a crime survey sheet to complete. The information gathered by the questionnaire will assist us in providing a program

to address the needs of the community. It is important that every family fill out these questionnaires and return them to Georgia Ransome - Project Coordinator, Anti-Crime Program, 51 Somerset St. If you need assistance or have any questions, please call 623-4520.

The next meeting for the Anti-Crime Board will be held on June 12th at 2:00 p.m. at 200 South Orange Avenue. A bus will be available to transport advisory board members to the meeting and will leave 51 Somerset Street at 1:30 p.m.

The agenda will include a definition of crime; what we can do as citizens; and will also explain the purpose of a planned HOT LINE.

### Did You Know!!!

- |          |   |
|----------|---|
| Police - | Can only apprehend a criminal and arrest them <b>after</b> the crime has been committed.  |
| You -    | Can deter and even prevent crime by being alert, cautious and ready to report <b>anything</b> that appears to be a potential crime situation. |



## You Serve How Many Meals?

Most people react with surprise when told that the Babyland kitchens prepare 1100 meals a day and 600 snacks. Even the people in charge couldn't believe it, for many different groups are served. But when all was tallied - there it was in black and white.

They can be very proud.

Each day 730-750 individuals benefit from the nutritious meals prepared both at Babyland III and at the kitchen in St. Rose of Lima School.

The little ones in the three Babyland centers are greeted each

and beef are pureed for the babies -without salt. And fresh vegetables are also used.

The new refrigerator - freezer, just installed, has allowed those doing the food planning to eliminate canned foods completely and use fresh fruits and vegetables currently available in the N.Y.C. marketplace where they shop. Frozen foods are used for back up when necessary.

### Congregate Services

The elderly citizens of New Community receive their meals through the Congregate Services Program.

She enjoys the fact that she does not eat alone.

Alma Griffin likes that part of it too. "If I'm upstairs, I don't half eat," she told me. "It's no fun eating alone." Ms. Griffin's doctor suggested that she join the program because she hadn't been feeling well and this way he could be sure she had at least one nourishing well-balanced meal a day.

We were later joined by Eldora James - part of the group at Associates also. Ms. James enjoys the mealtime company too, and all were looking forward to a pre-Mother's Day dinner sponsored by New Community Social Services, for which beautiful decorations had already been put up.

Having lunch together gave them a chance to talk about it, and about the "three meats- ham, turkey and chicken" which they would enjoy at the affair along with "old turkey

dressings with giblets and liver and broth in it," according to Ms. Lamar.

Sr. Clare explained that the three look out for one another, and notify the missing ones when meals arrive between 11:30 and 12 noon so they can eat together.

This is part of the Congregate Services plan too. Participants must come down to the dining room for their meal - and this encourages them to join others and stay actively involved.

Ms. Lamar has been living in NC Associates since shortly after it was built and laughed heartily when asked if she liked it. "Oh yeah," she affirmed emphatically.

It certainly has made a difference in the lives of these three companions, and so have the Babyland food service workers who so faithfully help to keep so many healthy and happy.



**NEW WALK-IN REFRIGERATOR-FREEZER.** Rosemary Chaneyfield smiles as she walks out of new refrigerator-freezer at Babyland III. It helps bring best quality food possible to all.

morning with a hot breakfast of french toast or oatmeal for instance, and a healthy fruit such as a banana. They must have fruit at least twice a day according to state guidelines. Lunch is also hot and an effort is made to introduce them to varied foods so their taste buds get used to new things. A typical lunch might be veal stew with wax beans and a baked apple for dessert, or fried chicken with rice and collard greens, followed by fruit cocktail. The children also have two snacks a day.

Over at St. Rose 300 school children partake of a full course hot meal for lunch every school day.

Staff is also fed by the kitchens, and the 20-30 people at the Family Violence Shelter (this varies) receive all three meals a day seven days a week, as well as either a tea time snack (adults) or a bedtime snack (children.)

Food is prepared for a full range of people in our kitchens, from infancy to senior citizens - and is quite an undertaking.

At Babyland III cooks make their own babyfood - no preservatives are used. Lamb, veal, chicken, turkey

Qualified seniors in this program receive one hot meal a day, which is served at noontime, each weekday. The meal consists of a meat or fish, two vegetables, dessert and a beverage. For the weekend a hot meal is prepared and then frozen, to be reheated at the convenience of the seniors. In this way their health is sustained when they are unable to cook for themselves.

We recently interviewed three of the ladies enjoying the Congregate Meal Services.

Eunice Lamar at first had told Sister Clare who is in charge of the plan, that she didn't need it, but promised to get in touch when she did.

That time arrived when Ms. Lamar suffered a stroke recently, and true to her word she contacted Sister upon her return home. "I can't get around like I want to," said Ms. Lamar matter-of-factly, but she does manage to wheel herself down each day to join her friends for the lovely lunch prepared by the Babyland kitchen and delivered to the community room at NC Associates where she resides.

## Congregate Services Helps Elderly Remain Independent

### 12 Openings Now Available

The Congregate Services Program is designed to allow impaired or socially deprived elderly citizens to maintain an independent lifestyle and avoid unnecessary and premature institutionalization.

Sponsored by the New Jersey Department of Community Affairs -Division on Aging, the program consists of a Congregate Meal Service, Housekeeping Service and Personal Care Service.

The New Jersey Division on Aging recognizes serious omissions in the nation's policy for provision of support services for the impaired or socially deprived elderly. This is particularly true within housing designed and subsidized for independent older Americans. In part, because of the inadequate national policy, many elderly are forced to enter nursing homes when they become unable to manage completely for themselves within the familiar environment of their home. The congregated services program is designed to help alleviate this situation.

The goal of this program is to provide a supportive environment, primarily as a counter-measure to premature institutionalization in nursing homes or similar medically

oriented facilities. This program should, in the long run, help alleviate unwarranted demand for nursing home beds, while providing support to enhance independence of individuals remaining in a familiar home environment, at far less cost than in a nursing home.

New Community offers these services to those tenants who live in NC Associates, NC Commons Seniors and Roseville.

The **Housekeeping Service** includes help with general housekeeping such as making beds, dusting, laundering etc. one hour a week.

**Personal Care Service** provides help with personal grooming, shopping, health related appointments etc., one hour a week.

All services are offered to the tenants at a fixed monthly cost. The cost of each part of the program depends upon the tenant's monthly income with the exclusion of rent and utilities.

At present we have openings for 12 tenants. You are eligible if you are living in NC Associates, NC Commons Seniors or Roseville.

Call Sister Clare at 643-5300 or 623-6114.

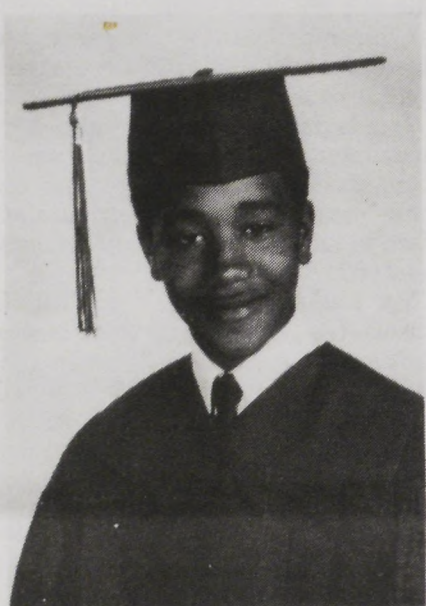


**CONGREGATE PROGRAM A HIT.** Under watchful eye of Sister Clare Terrance, coordinator of program, Eldora James, Alma Griffin and Eunice Lamar enjoy their noon day meal at NC Associates building.



# May All Their Dreams Come True!

## St. Rose Graduates Aim High



**Damon Brackett** -  
"I desire to be a medical doctor. A lot of people need help, and special attention, especially the handicapped."

On the bulletin board at St. Rose of Lima School recently, the class of '84 was thinking of its future as it said:

*"Dreams may come true as long as you hold fast to them. A dream may not always remain so, but become a reality."*



**Calandra Edmond** -  
"My dream is to teach the blind, deaf and the mentally retarded in the school which I myself found and administer."

The students of the 8th grade class of 1983-84 have their dreams guided by their cherished motto: *"Beyond Effort Lies Success. Life is what you make it."* They firmly believe that they will make it.

Here are a few samples of their dreams — some rather lofty ones

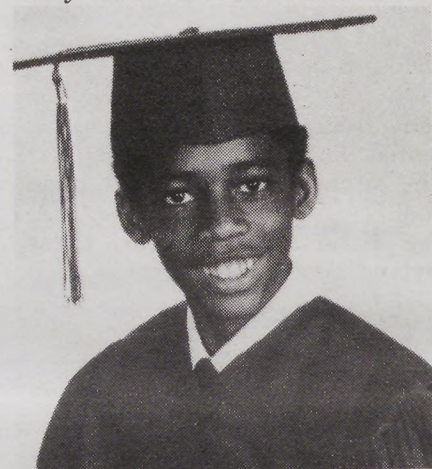


**Angela Knox** -  
"I love animals, so I would like to be a veterinarian and promote a healthy animal world."

among them.

Others voiced ranged from stuntman in the movies, to baseball players, to astronauts.

May all their dreams come true.



**Livingston Cross** -  
"I am for the why's and how's about everything around us. I want to be a scientist."

## SCIENCE FAIR AT ST. ROSE SCHOOL

St. Rose of Lima School held an all day Science Fair on May 23, 1984, evidencing the children's scientific enthusiasms, skills, and knowledge.

The kindergarten pupils of Mrs. Deborah Hunter, experimented on the development of the roots and buds in potatoes. They had grown them in jars of water a couple of months ago. Miss Gigi Langston, the substitute teacher, assisted these little experimenters; Alexis Nixon, Sh-mar Smith, James Lewis, Ojussan Castro, Shanea Calhoun, and Rusheeda Brown.

On display by the first grade pupils of Mrs. Irene Gumucio, and teacher-aide Mrs. Johnnie Mae Moore were the Food Plants that we eat: the fruits, seeds, leaves, stems, roots, and flowers, presented by Joseph Moore, Kimberly Francis and Nicole Jackson. Rashana Almeida showed the animals we eat that come in varied products. Kazan Porfait classified the members of the Animal Kingdom by their distinctive body coverings. Debora Bell explained how insect pests destroy plants, and also had experimented on plants' needs for normal growth. The animals with specific appendages for locomotion had been classified by Fernon Byron and Sharonda Morrow.

The Third Grade booth of Mrs. Alberta Brady featured an assortment of projects, among them the Desert Land of Tremain William, with organisms represented that thrive in desert areas. Malcolm McCray set an alligator in a swamp. He wrote a detailed anatomy, habitat, and food-getting description of alligators. Alieuque Whitley constructed a church with a bell in the tower. He explained how sound waves are transmitted through the air (and reach one's ear.) He also traced the history of the bell. Meline Thomas made a model of the sun. She described its structure, energy, and importance to the rest of the planets.

The Grade IV pupils of Mrs. Cherly Pauley focused on the planet Earth. They made a huge Model of the planet out of paper-mache. This called for art and a lot of work. A section of the earth showed the layers of the lithosphere - the crust, the mantle, and

the core. The Children also diagrammed the living and non-living things that the earth contains.

The Grade V class of Mr. Gabriel Musilu worked in the areas of Physical and Biological Science, evidenced by the following exhibits:

**Solar System** - This enormous project occupied three-fourths of the ceiling in the auditorium which carried us into outer space. Umayemen Akhabue, Kim Harrell, Faraha Long, Tonya Wilson, Jennifer Davis and Nalini Michael had it so constructed that it clearly portrayed the nine planets in their orbits, their distance in relation to the sun, their rotations and revolutions, and the proportionate sizes of the planets in the systems.

**The Human Nervous System** had been diagrammed by Edgar Nemoria, Carlos Roman, Michael McDowell and Michael Curry. They vividly illustrated the division of the nervous system with the sympathetic nerves' stimulation on the circulatory hormones that consequently affect our muscular activities. This plays a very important role in one's effective body exercise.

The human anatomy had been drawn and painted by Darrel Major, Tywaine Jones, Maxine Parris and Natasha Reliford. They emphasized the Endocrine System in relation to the other organs of the body and their physiological functions. (Stress affects the entire system of the body.)

The group consisting of Timothy Leach, George Baldwin, Gloria Ransome and Charles Battle, made a mini volcano. They demonstrated the composition and reactions of the same, giving rise to the lava exuded from the erupting volcano.

The 7th Grade Science Club with Antoine White as its President, left no stone unturned to make its participation at the St. Rose of Lima Science Fair outstanding. Their theme was "Electricity, the Wander Energy." They were so fascinated by the study of electricity that they started with the first exhibit of the shocking experiment of Benjamin Franklin's kite. Lawrence Vaca had the key with a silk ribbon.

The other exhibits were: a lightning

rod, done by Antoine White; a series circuit with two bulbs, by Dwayne Adams and Henry Young; a series circuit with one bulb, by Wayne Adams and Shannon Pulley; a parallel circuit, by Jose Morel; direct lighting in a building by Greenwich Parfait; an electric doorbell by Edward Roman and Wyatt Michael; electric generator by Demesha Mack, Shirley Riche and Cynthia Sharpe; the electric motor by Len James; the electric charger by Tommie Barnes and Arthur Gilmore; and the volcano, showing how electricity can be tapped, constructed by Dawn Bell, Apryl Butler, Shamaeya Saffold, Dawn Ward, Toria Long, and Katrina Solomon.

The students constructed their projects and demonstrated them to the visitors, making their teacher Mr. Larry Jamon quite proud.

"Bio-Science World" welcomed you into another realm of more complex science by skilled students of the 8th Grade.

A pair of serious-looking "chemists" dressed in white uniforms enchanted the visitors with their Magic of Chemistry. Some of the on-lookers were requested to participate in the experiments such as "Too Hot to Handle" and "Dry Water." They also performed "The Magic Balloon," "Writing with Fire," and "Dry Ice."

Cheryl Baldwin, Calandra Edmond, Angela Knox, Lourdes Lopez, and Caprise Rice, set up the DNA Model of Drs. Watson and Crick. They explained the mechanics of heredity.

In line with the genetic make-up these girls had also experimented with Gregor Mendel's Law of Heredity with one inheritable trait in scientific mice.

Kelsey Levant's inquisitiveness about an animal's mental behavior tested the memory of the earthworm. He constructed a maze on a T-shaped format. The earthworm was made to crawl up the stem of the T; it must then turn left or right. If it turned left, it crawled across a piece of sandpaper and got a slight shock, thus eventually learning to turn back before it got shocked.

Albert Castro, Marcel Yarborough

and Steven Miller displayed the Ecosystem. Everything had its own place in its community. An ecosystem has all the wildlife — animals, birds, marines. The Newark Museum was again generous to St. Rose of Lima School in lending to us all of the stuffed animals needed. The whole class helped supply the plants for the woods. Some good friends and parents donated their branches as they pruned their backyard trees.

Vanessa Clark and Wendy Barnes interpreted the chemistry of photosynthesis.

A plant is a great machinery that manufactures food enough to sustain the animal world. Illustrating this, Sharonda Dails, Lashelle Morman and Towanna Rimpson collected all kinds of fruits and seeds on a large chart on the wall. It was a hard piece of research (in public libraries), in Botany. They classified each accordingly. They had a scientific answer to every fruit and seed you eat. They further explained how the fruit and seed developed into a flower.

Jason Williams illustrated the human circulatory system. He drew a human size diagram of the system and demonstrated how the blood circulates all over our body. In another area of science Jason also demonstrated the use of the anemometer or wind gauge which he himself constructed. Derrick Burr applied his knowledge of last year's Physical Science course by making a highly sensitive radio which was able to pull nearby stations.

Aeronautics were not left out. Rocket combustion was demonstrated by a group consisting of Rolando Baugh, Kevin Carey, Raul Caballero and Damon Brackett. A controlled airplane was also constructed by Brian Harris, who has always been an aeronautics enthusiast.

It was a most rewarding day that turned the school auditorium into a different world altogether.

Emerita Cabato

*"I must do something" will always solve more problems than "something must be done."*



## Babyland Contributions Light Up United Way Scoreboard



**YOUR DONATIONS HELPED ALL OF US.** Joe Sullivan, campaign staff associate with United Way, stopped in at all the Babylands recently to thank the employees for their contributions. Here he visits with caregivers Alice Wilson and Carol Leadbetter and some of their charges.

During the past year, employees of Babyland contributed \$3,607 to United Way of Essex and West Hudson. That comes to \$55.49 per capita giving, and was cause for celebration.

Joe Sullivan, campaign staff associate with United Way, came to congratulate the givers last month, and to present Babyland with the Gold Award, given to anyone having a per capita giving of over \$52.00.

"Not many agencies or corporations receive this, so you're in a special class," he told Martha Carroll, Administrative Assistant to Mary Smith, as he came to present the award.

Commenting on the size of the individual contribution he said happily "That's terrific; because I'm sure you're not one of the highest paid staffs in the world. So it really comes down to the fact that you did an absolutely Fantastic job! We appreciate it at United Way, and the beneficiary agencies appreciate it, because they can use the money you've contributed. And of course your own agency has seen some of the effects of that money when it comes back to you. So we'd like to say 'thank you'."

Mr. Sullivan was impressed also with help given to United Way in other ways. Babyland employees are always willing to help, he told us, sending volunteers for telethons when called on, for example, and being willing to go with him and the other United Way members to explain Babyland programs to people who are not familiar with them. After a visit to a Division of Youth and Family Services Agency, with Martha Carroll and Sr. Clare Elton, director of the Babyland run Essex County Family Violence Shelter at his side, to describe the work they do for battered women and their children, United Way was able to quadruple the contribution made the year before, according to Sullivan.

Also praising the Babyland

employees, Ms. Carroll said, "the employees all were so willing to pledge. It's their total commitment to pledge what they could that actually brought about the success."

"They realize the important work they do," Sullivan emphasized, "and that there are a lot of agencies out there doing equally important work, and that they all need to help one another."

Ms. Carroll appreciated the fact that Mr. Sullivan had come personally to congratulate the employees, and told him that the fact that he came will provide an incentive for next year.

"This is the fun part of my job," he said sincerely, and added, "I want to thank you from the bottom of my heart."

And then, going from one employee to another with a good word and a handshake, he proceeded to thank them ALL.

## ART IN THE NURSERY-PRESCHOOL

A good creative art program within the early education program is vital when we consider the total development of the young child. We are told that through art, a child clarifies his understandings of the physical and social world, is able to give tangible form to his feelings and responses, and gains an appreciation of himself and the ways in which he is unique and significant as an individual.

The emotional and intellectual contributions of art expression are important for all children to experience, regardless of the product. The most significant learnings rest in the process.

Five good reasons for the importance of art in the curriculum are as follows:

1. Art teaches children that there are different ways of looking at the same object, that there is no one "right" way of doing things.
2. Art teaches children that each individual has a right to his own point of view.
3. Art helps children to recognize and appreciate the rich environment that surrounds them.
4. Art helps children to express feelings and responses which they may not be able to verbalize.
5. Art helps children to think in a creative and fresh manner.

A child needs encouragement and support in order to feel free to work in his own manner. He needs the security of knowing that his ideas and approach are accepted. He also must know that we value his concepts, even when they are very different from those with which we are familiar. Remember, **never label a child's work of art.** Always ask him to tell you about it.

At this point it is important to state that we rob the child of the opportunity to accomplish the aforementioned goals when the final product in an art activity is predetermined by an adult. Some forms of what is known as "dictated art" are as follows:

Coloring books

Mimeographed or hexographed forms of animals, flowers, etc.

"Follow the directions" activities which provide the child with a product **identical** to those of his classmates.

Educational research indicates that this type of experience is detrimental to creative thinking and makes children dependent upon adults for inspiration. It also makes children dissatisfied with their own attempts.

Finally, when a child asks for help, guide his conceptual understanding, not his hand. Recently, I read that one five year old once said, "Drawing is easy. You just think your thought and draw your think!"

**NEXT:** The Three Developmental Stages In Art

Sister Marie Infanta Gonzales, OSP  
Education Consultant

## Babyland II

May was a beautiful month for the planting of flowers. Babyland II now has a small flower bed in its front playground. Roses and tulips are in milk cartons to produce a roped off garden effect.

June promises to bring an end to our academic curriculum. Now our staff will begin incorporating recreational summer activities into their planning such as: basket toss - tossing balls into a box; leap frog - children jumping over one another in sequence; Maracas - the child making a set of maracas from egg cartons and rocks; Pin the Tail on the Tree - blindfold child sticks a smaller picture of a tree on a larger outdoor tree; Hide and Seek - children hide on playground while another child looks for them; Spin the Bottle - a child spins a bottle and must do an exercise trick.

The children are really glad to be outdoors once again.

Darlene Wood, H.T.  
Babyland II Staff



**WORKING TOGETHER.** The NC Roseville Sewing Club is shown here creating a new Patch-work Quilt. When completed the quilt will be sold to purchase supplies for future projects. In photo from left to right, Mrs. Mary Mickens, Mrs. Illa Barnes, Mrs. Annie Nicklow, Mrs. Kate Fautain and Mrs. Iris Lewis. The Sewing Club meets for two hours each week to work on the blanket. It's never too late to join. Come on down. A welcome awaits you.



# At Your (Social) Services

by The Staff of NCC Social Services Dept.

## Slimnastics

The New Community Slimnastic Class will resume again on Thursday, June 14, 1984 and will continue for 8 weeks. Classes are being held at NC Family Gardens Pavillion, located at 220 Bruce Street, at 6:00 p.m. Men are also welcome to participate. We do charge a small fee of \$8.00 a month or \$2.00 each session. Families as well as teens, ages 17-50 are welcome.

## The Double-Dutch Masters

We have a new group in the NCC Families called the Double-Dutch

Masters. The Double-Dutch Masters are a group of 10 young ladies that have been practicing every day getting ready for "Festival '84." The ladies want to eventually be able to compete against some of the very best Double-Dutch teams in New York City. The Double-Dutch Masters include: Tina Gardner, Latonya & Latisha Hunter, Felicia Jones, Twanna Lewis, Yvette Harper, Robin Frieson, Dyneshia & Sherena Frazier, Coach: Felicia Marrow.

Congratulations to them all and keep up the good work ladies...

Sheila Washington  
Assist. Youth Coordinator

## Future Nurses Program

We are currently looking for young women ages 13 through 17 to form the Future Nurse's program. This program will be designed to motivate anyone with intentions of pursuing a career in nursing, toward their goal.

The training skills offered in this program will be nurse's aide training, home health aide training and C.P.R. Upon completion of this program the participants will be capable of doing

volunteer work in our senior buildings and later on in our nursing home. This experience will be vital to anyone pursuing the nursing field. We have also designed a uniform to be worn during training with an addition to the garment after the program is completed.

Anyone interested in signing up for this program is to contact Georgia M. Ransome - Coordinator at 623-4520. Applications are now available.

## Senior Activities Abound

May's Senior programs took off to a great start with a most informative two day workshop which dealt with "Senior Citizens and the Law: How to protect yourselves and manage your finances." These workshops, which were co-sponsored by the Essex County Division on Aging, the Essex County Bar Foundation, and the Y.W.C.A. of Essex and West Hudson, were held at Commons Seniors (140 So. Orange Ave.), on Tuesday, May 1st, and were repeated on Friday, May 4th at Gardens Seniors (265 Morris Ave.). Guest speaker, Marilyn Askin, Senior Attorney of Senior Citizens Division/Essex Newark Legal Services, was extremely impressed when more than 100 NCC residents attended and raised many interesting questions regarding their legal rights. This event marked the second year that the residents of NCC have participated in and have benefited from the "Essex County Bar Law Week."

Another very interesting group, known as the **New Jersey Mental Health Players** performed for the residents of N.C. Associates. The N.J.M.H. Players are a network of small troupes located throughout the state using role play to dramatize important mental health topics. These players work without a script, and spontaneously role play a scene or situation before an audience.

The two situations, which were acted out by four (4) players, dealt first with the question of "What to do with Mother, now that she's gotten older," and the second scene dealt with "loneliness and alcoholism." They were performed by Donna Lo-Biondo, Ellie Seenak, and Pat Santore. After each performance the pro-

ject Director, Alice Mandel, acted as moderator for the group and asked the members of the audience to describe in their own words what they saw happening and offer suggestions for resolving each situation. The residents responded well to each question. It is the strong belief of the players that this approach to community education is extremely effective. It tends to involve the audience on an "emotional level," which sometimes creates a better reaction than would a lecture or a film.

Voter Education Classes were held in each senior building. Representatives from the League of Women Voters of Essex County were available to answer questions that residents had regarding the primary and general elections. A small table-size copy of a voting machine was used to supplement the discussion. Residents were afforded an opportunity to come up and operate the machine for a better understanding of its use.

Representatives from the Food & Drug Administration gave an excellent talk on the use of Sodium in the diet. The response from our residents was quite favorable.

### Senior Bus Trip

Anyone still interested in joining us on the trip to Club Bene, on Thursday, June 21, 1984 can call Gloria Newsome at NCC Social Services 623-6114 for more information. A limited number of seats are still available. The full cost is \$20.00 per person which includes cost for:

Dinner - Show - Bus Fare - Tax & Gratuity.

Time of trip: 10:30 a.m. - 5:30 p.m.  
Please call **today**, if interested.

Gloria Newsome

## MANOR FAMILIES MID-RISE

### "Organizes Social Club"

NCC Social Services recently assisted residents of 72 Hayes Street, in organizing their newly developed mid-rise building for families. An election was held and officers were elected for the establishment of a social club as follows: President - Rose Saunders, Vice President - Bertha Brown, Secretary - Patricia Brown, Treasurer - Ida Williams, Chaplain - Dorothy Page.

In addition, floor captains were established, namely: Deborah Elder,

Phyllis Saunders, Sharon Anderson, Glenda Williams.

Through this club residents plan to work closely with NCC Social Services in promoting trips, and helping to develop summer programs for their building, such as daily activities for the younger children up to age five, who are not participants in the Babyland program. They plan to organize an adult and youth choir, arts and crafts, social hour and a number of other programs. These programs will be staffed with volunteers from their building.

Virginia Scott

## Quilting And Knitting Enjoyed At NC Gardens Towers



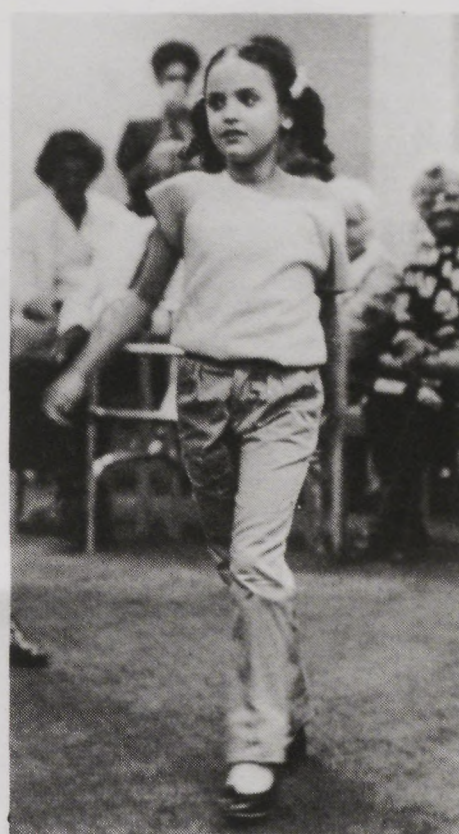
### THE FINISHED PRODUCT!

Ms. Amanda Brown and Ms. Ruth Watson look with pride on the quilting project just completed. Finishing touches were done by hand by the two ladies. You can come by the Community Room any time and find some of the ladies working on one project or another. Pictured also are Ms. Annie Cobbs, Sarah White and Esther Smith displaying some beautiful handiwork - vests are in and easy to make.





## Fashion Show At NC Manor Senior



**FASHIONS FOR EVERYONE.** Yes, fashions for young and old, men and women; everyone had a good time at the recent fashion show held at NC Manor Seniors on Orange Street. Center photo shows co-chairman of affair, Barbara Holloman, strutting down the walk in one of the latest fashions. Accompanying photos show the party dress and the fun clothes for the younger set.

The NC Manor Spring Fashion Show was a huge success. The community room, with the help of Mr. Thurmon Feggins, Mr. Booker Ford and Mr. James Graham, was transformed into a fine show place which held a standing room only crowd. It was decorated with crepe paper flowers made by one of the exercise classes. These were hung from the ceiling to give a touch of spring flavor. The entrance from the hall was curtained off and tied back with bows, adding a soft touch and a colorful background.

As the show unfolded our models walked with pride, from the smallest child to our own Mr. Frank Reed. Madge Wilson of NC Management office also lent a hand, and modeled some spring finery. Jose Lucque is a young man who took his time to participate in the show also and who did a very fine job. Jose, a non-resident, has a friend Elizabeth Davila who lives in Manor. When asked what prompted him to volunteer Jose told us, "I like to help my community. I like the people who live in NC Manor and I want to help if I can." We certainly enjoy people with that kind of spirit and appreciate their help.

The reactions from the audience and the community were wonderful. People were astounded to know that there was such talent and vitality at Manor and in the area in general.

Mrs. Renita Cook told us, "my son really surprised me and put on a good show."

Mrs. Essie Gilbert commented, "I really enjoyed myself, it was beautiful, and Mr. Raymond Davis got in late from Church, but 'what I saw I liked.'"

Narrator of the show, doing a smashing job, was Rosalyn Brevard Samuels. The event was coordinated by Marcia Caldwell.

A door prize for a \$10.00 gift certificate to Bamberger's was awarded to a lucky guest.

Refreshments of cookies, and punch served from a bubbling fountain, brought the afternoon to a close.

The proceeds will buy a beautiful new television for the NC Manor Lounge.

Joyce Holmes

## EXERCISE — OF BENEFIT TO EVERYONE

The NC Manor Seniors exercise class is off and running. Everyone is having fun and losing inches. The winner for April was Mildred Logan who lost 1½ inches and feels great.

Mrs. Helen Evans says, "I enjoy coming when I can. It's good to know there is life outside of my room, and it helps me sleep." Mrs. Evans is blind and confined to a wheelchair — but with more exercises especially those for the legs, she may soon be standing in the chorus line with the rest of us.

The Chorus Line is a circle the group makes by holding hands and doing several leg and knee exercises

for balance and circulation.

There are exercises to draw people more in touch with each other, like the rowing one where partners sit in a chair facing each other and engage in a rowing motion good for shoulders, back and stomach.

The part that gets the best workout is the laugh box, a cooling down period where one sits back and totally relaxes to let the body get back to normal. It is almost like meditation. This is one they really seem to enjoy doing.

No one is left out. Mrs. Catherine Crews had little movement in her left arm but with help she still does some of the various exercises — especially

those geared to the hand which are also good for arthritis sufferers. Our oldest member is Mrs. Sylvia Richardson who keeps the pace very well...at 82!

The men join in as well. Mr. Jose Colon's only regret is that he could not make it to more than one class a week due to his volunteer work schedule. But he works out well when he does come.

The class even stirred the interest of a new tenant waiting to move in. Mr. Connack wants to do something that will aid in leg circulation.

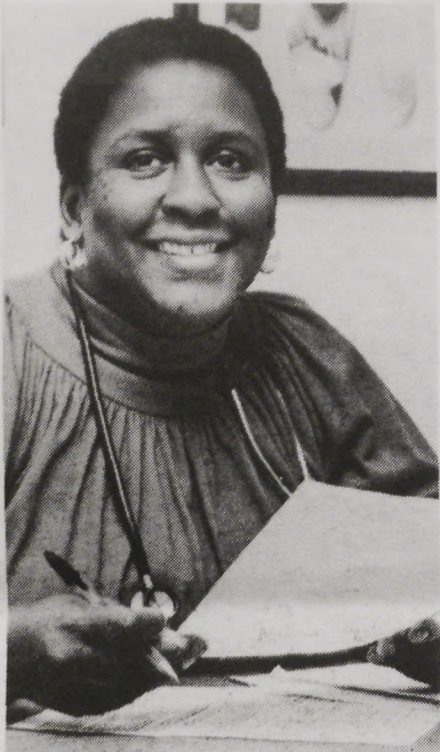
Well to all those at NC Manor, come on down and let's work on those legs.



**STRETCH OUT AND SHAKE.** Seniors at NC Manor on Orange Street, under direction of Social Service worker Joyce Holmes, reach for the stars as they go through some of the exercises each day.



## Pediatrician Joins Health Care Center



**Roslyn M. Ryals, M.D., M.P.H.**

The cheerful face greeting youngsters at the New Community Health Care Center these days

belongs to Roslyn M. Ryals, M.D., M.P.H.

A 1973 graduate of Georgetown University Medical School in Washington, D.C., doctor Ryals is board certified in Pediatrics.

After graduating from Georgetown, she completed a fellowship in Adolescent Medicine at Children's Hospital National Medical Center in Washington, D.C. She also received a masters degree in Public Health (Maternal and Child Health) in 1979 at the University of California at Berkeley.

Dr. Ryals then taught Adolescent Medicine at Howard University School of Medicine for a year before becoming the Medical Director and Administrator of the Provident - David Children and Youth Program in Baltimore, Maryland for two years.

Her affiliation with United Hospitals drew her to the Newark area. She is presently Director of Ambulatory Pediatrics at United.

We are happy to have her talents helping the children of the New Community Neighborhood and surrounding areas.

## Emory Can Hear!

### A Child's World Returns to Normal

This is the story of a New Community child who has already been helped by the Hearing and Speech Center at United Hospitals.

Six months ago Mrs. Shirley Walker, a New Community resident, took her 4-year-old son Emory (nicknamed "Boomer") to the New Community Health Care Center. She knew something was wrong, but she didn't know what. Boomer was agonizingly withdrawn, and would burst into tantrums at times — yelling and shouting — and do other frustrating things to catch her attention. One day she caught him staring at her mouth when she was speaking, and it dawned on her that he might be lip reading.

Today, thanks to the doctors at NC Health Care Center and United Hospitals Hearing and Speech Center, Emory is a new person.

The doctor from United Hospitals servicing the NC Health Care Center had sophisticated equipment available, and discovered both an ear infection and a wax plug in the child's

ear which kept him from hearing properly, and without that ability Boomer was held back in his speech development and led a very frustrating child's life — thus the tantrums and bids for attention. Although Shirley had Boomer checked out by several doctors before reaching NCC's facility they had said nothing about his hearing.

Immediate attention was given to eliminating the infection and a month later, on January 10th, Boomer had an operation to clear up the remaining problem.

Special testing equipment for children also determined that his eardrums needed stimulation to get them working again. At four it is said he had missed out on half of his life because of the problem.

Today he is talking better, his hearing is almost normal and within a year he will have caught up with other children his age. He is now out with people all the time, and loves to explore. His progress is heartwarming to all who know him.

All children, Mrs. Walker was told, should have their hearing tested by age 2, since the unusually high temperatures children run, even for a little while, can cause a problem with their ears.

Help is available at the NCC Health Care Center where doctors from United Hospitals are ready to assist you, and at the Hearing and Speech Center with which they are affiliated. Act today!

## Do You Have a Hearing or Speech Problem?

### Help is Available

Part of the first class services made available to New Community and other Newark residents through the NCC Health Care Center, is the work of the Hearing and Speech Center at the Newark Eye and Ear Infirmary - part of United Hospitals Medical Center.

Anyone in Newark who has a problem with their hearing, or even thinks a member of their family might have a problem, is encouraged to seek help here.

The Center's services reach the full range of our population, from newborn to the elderly.

If your child seems to have a speech problem unusual for his age, have him/her tested now.

### HEARING AND SPEECH CENTER:

Children and adults with hearing and speech difficulties often find it difficult to manage in our society. Since 1953, the Henry C. Barkhorn Memorial Hearing & Speech Center at The Newark Eye & Ear Infirmary, a unit of United Hospitals Medical Center, has provided help and guidance. The purpose of the Center is to evaluate speech and hearing disorders and implement an appropriate rehabilitation program. Our staff consists of certified and professionally trained audiologists and speech-language pathologists who work closely with physicians and other professionals throughout the hospital, including psychiatrists, social workers, psychologists, etc.

### HEARING:

The Hearing Center utilizes the most modern and sophisticated testing equipment and techniques. Early discovery of hearing problems is encouraged because the sooner treatment begins, the better prepared the child will be to function in a world of sound.

Following this belief, the Center begins testing in the intensive care



nursery where newborn infants are screened for hearing impairments. Patients are tested in close conjunction with the hospital's Ear, Nose and Throat Department and are referred by physicians from surrounding communities. When no medical intervention is indicated, the audiologist then plans a comprehensive program of rehabilitation. First the patient's individual problem is analyzed and an appropriate hearing aid may be prescribed. If necessary, a program of lip reading and auditory training is initiated so that the hearing impaired patient is better able to communicate. The audiologist works closely with the

school, to help them to best meet the child's needs. The audiologist is also called on to determine the effect of industrial or other accidents on an individual's hearing.

### SPEECH:

The Speech Center participates in hospital evaluation programs and accepts referrals from parents, physicians, schools, and other agencies. Parents are encouraged to bring their children to the Center as soon as a speech and language problem is suspected. Here too, early treatment is important. If indicated, a program of rehabilitative therapy is implemented to meet the needs of the individual. Parents and family

members are closely involved in the on-going therapy program, which is usually conducted on an individual basis.

Continuing diagnosis is an integral part of all therapy programs at the Center and treatment programs are revised as needed. Community agencies and school are contacted when appropriate.

For more information regarding the Hearing & Speech Center and Financial Assistance call 268-8140.

Or you may call the NCC Health Center at 623-2480.

## ATTENTION

**NEW COMMUNITY YOUTH APPLICATIONS FOR SUMMER EMPLOYMENT WITH NEW COMMUNITY ARE AVAILABLE AT THE NCC MANAGEMENT OFFICES AT 200 SOUTH ORANGE AVENUE AND 51 SOMERSET STREET AND THE SOCIAL SERVICES OFFICE AT 220 BRUCE STREET. POSITIONS ARE AVAILABLE FOR RECREATION AIDES AND MAINTENANCE HELPERS. APPLICANTS FOR RECREATION POSITIONS MUST BE AT LEAST 18 YEARS OF AGE AND 16 YEARS OF AGE FOR MAINTENANCE POSITIONS. YOU MUST HAVE A SOCIAL SECURITY CARD. APPLICATIONS MUST BE RETURNED TO THE ABOVE OFFICES OR THE NEW COMMUNITY CORPORATION MAIN OFFICE AT 755 SOUTH ORANGE AVENUE NO LATER THAN JUNE 19.**



## Health Fair at NCC

The Newark Area has once again benefited from the Community service spirit of the Prudential Foundation.

NCC was trying to promote good health by using a Health Fair model, an event where various health screenings were done in conjunction with health education or "learning centers."

It was a beautiful day for NCC; we were one of the several Health Fairs throughout Newark.

A special thank you to all our volunteers — you were super!

We are grateful to all of the following for coming and being part of a great day:

**The Ambulance Service** — Mr. Leroy Smith and staff members of College Hospital.

**Block Drug** for their contribution of free tooth paste.

Thanks to **Sister Gloria Wierzalis** and her clowns from **Sacred Heart**

**Lyndhurst** for adding a festive note to our health fair.

**Burger King** for supplying lunches for our volunteers and **Clinton Milk Co.** for orange juice that was given out to all in attendance.

Special screening tests included: Height/weight, Blood Pressure, Vision, Anemia, Glaucoma - Dr. Glatt, Self Breast Examination demonstration, Respiratory function, Scoliosis information, Nutrition/Dietary information - Food and Drug Administration & United Hospitals.

Also contributing information were: Newark Urban Garden - Rutgers, Health Fitness - YMCA (Newark), Planned Parenthood - Health information, Newark Sheriffs Department, WIC, Newark Rodent Control.

It was a wonderful day, and many of our tenants took advantage of the Free Screening.



**TO YOUR GOOD HEALTH.** One of the zany clowns that showed up at recent health fair held at the Social Services building gives a big hug to Estelle Robinson, a resident of NC Associates.

## The Douglas



**MOTHERS DAY DINNER A FIRST.** Honored at mothers day celebration at NC Douglas were (seated) Mrs. Miriam Smith and Mrs. Viola Faushee. Standing in rear, Mrs. Miriam James, daughter of Mrs. Smith, Elizabeth Davis and Mabel Kearney members of the Social Committee, Mrs. Vinishia Holley, daughter of Mrs. Faushee and Helen Vaughn who arranged the entertainment.

The Garden Club is getting reorganized. Details are incomplete at this printing, but you will be hearing much about it for we are proud of our garden.

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This year the Douglas gave its first Mother's Day Affair. The honorees were Mrs. Miriam Smith and Mrs. Viola Foushee who are the oldest mothers in the building.

We love all our Douglas mothers but these two received special love tokens because their years earned

them this.

Mrs. Smith has a daughter, Miriam James (who is also a tenant).

Mrs. Foushee has three daughters, three sons, twenty grandchildren and 10 great-grandchildren. One daughter Vinishia Holley and her husband George, live at the Douglas. They are well known in and about the building.

The Tenants Association sponsored this affair but the Social Committee, Mabel Kearney (chairperson), Elizabeth Davis, Willa M. Armstrong and Rosa Rock were in charge. They did a beautiful job of preparing refreshments and decorating the community room.

Special thanks also to Helen Vaughn for arranging the entertainment; a singer Ms. Ruby Baker, who gave a beautiful rendition of "Inseparable," and pianist Joseph Mitchell who played for us the entire evening.

We also had our very own Claude Maxwell (a Douglas tenant) who rendered a medley of songs. He is well known in the entertainment circle.

All in all it was a successful, enjoyable evening.

Many thanks to everyone for their participation.

Alma Hanks

## N.C. Commons Family

June is busting out all over. The flowers are blooming. The grass has grown. Congratulations to all our graduates. May you have hope, faith, and prosperity through all your adult life.

Last month there was a Seminar on AIDS and Herpes. The guest speaker was Lenore Gordon. It was very interesting. This Seminar was beneficial to all.

This month has a lot of activities. Festival '84 is coming up. The Tenant Association is also giving a bus ride to Atlantic City. It will be held on Thursday, June 28, 1984. You can get your ticket from any member. The Tenant Association meetings are held every 2nd Wednesday of the month.

Recently I was reading a poem given to me by Ms. Verdell Moses on the death of her husband.

Her children asked me, "why do people die?", I said, "When your journey's done on earth, God in his

own way sends for you."

The following poem written by them is dedicated to all who have lost their father or grandfather.

**To Daddy**

*Through the years, from birth of your first child, you have always provided for us.*

*First life, then guidance, and in your last days strength.*

*On your last days on this earth, you talked to all of us, showing a strength that none of us will ever forget.*

*Still being a father and protector, you waited until the last child left, said goodbye to our mother, and then you went to sleep.*

*Till the end, you were a pillar of strength.*

*That's what Daddy's are made of and you were the best.*

*Thank you Daddy!*

*Your Children*

*Happy Father's Day to All!*

*Delores Collier*



**WELCOME FAMILIES.** Just as the sign says, members of the NC Families Advisory Board at recent Pot Luck Dinner receive a warm welcome from Aileen Handcock. Looking on are from left to right, Geraldine Hellams, Marlene Martin and Delores Collier.

### Congregate Service Program

Will Provide A Full Meal\*

**7 DAYS A WEEK**

As Low As

**87¢**

Per Day

\*Meat or Fish

2 Vegetables

Dessert

Beverage (Tea, Coffee or Juice)

Call Sister Clare at

643-5300 or 623-6114



## LIFE WITH A PURPOSE

A morally good person has an ideal toward which he strives and which determines most of his actions. It is his purpose, his treasure, that which he most eagerly strives to attain. Find out what he thinks in his heart, discover the source of his greatest joy when he has it, and the greatest discontent when he is deprived of it, and you will know his treasure. His purpose in life must satisfy the highest reaches of his personality, craving for truth.

It is important to read material of an uplifting nature such as biographies of men and women who developed their own talents to maximum effectiveness, who solved problems, and whose careers demonstrate the principles of intellectual process, enabling them to grow in the ability to think. One should not neglect reading material of spiritual quality, for it is in this area that motivation receives its profoundest impulse. A powerful motivational experience that lifts your spirit and your mind to high level emotional

and intellectual response can have the most determinative and lasting effect on your future.

One reason why men lack purpose in life may be because they allow their minds to become shackled by lust; greed; self-interest; guilt-complex; laziness; and pleasure-seeking. Whatever we cultivate will grow; whatever we repress or neglect will die.

It has been said that we are all put on this earth for a purpose. If so, for some, it is to raise healthy children. For others, it is to be a good mate, while for others, it is to be successful in a chosen business or profession. Purpose in life may be selected or thrust upon us by a motivational experience.

The purpose in life of Job was to exemplify reward for having faith in spite of hardship. The purpose in life of the Good Samaritan was to show love and care for his neighbor. A man who persecuted Christians was on his way to persecute more when he was granted a vision. Jesus spoke to him

and he was changed from a persecutor to a missionary, and began a lifelong career of spreading Christianity into Asia Minor and a part of Europe. Thus Saul became Paul, with a dedicated life with a purpose.

Moses was in bondage in Egypt. Later, moved by an act of cruelty to one of his race, he killed an Egyptian and fled to the wilderness. One day while feeding his flock on a mountain, he saw a bush which appeared to be on fire but was not destroyed. Approaching the bush he heard a voice coming from the conflagration addressing him by name saying: "you shall lead my people out of bondage...I will be with you and will help you." After some hesitation, at last, he yielded to God's call, and led his people out of bondage. Back at Mount Sinai, God gave him two flat tablets of stone, upon which God had written the TEN COMMANDMENTS. He became a great law giver and led his people to the border of the promised land. Thus Moses fulfilled a life with a purpose.

Martin Luther King, Jr. believed that Americans of all races must learn to "live together as brothers."

The Civil Rights Movement was a multi-racial endeavor that reflected the interracial solidarity he sought for our society. He fused Gandhi's tactics with the religious principles of unconditional love, truth, and forgiveness even for one's adversaries. His purpose in life was to encourage all mankind to seek peace through love, understanding, human and civil rights.

What the rudder is to the ship, the heart is to action. A man in his life is what he is already, in his thoughts and desires. We act on our beliefs. Nature gives man corn, but **he** must grind it. God gives man a will, but **he** must make right choices. A man without a purpose in life is like a ship without a port of call — a ship without a destiny.

Lewis Graves  
Springfield Branch  
Newark Public Library



## A Rendezvous In Norfolk

### The City By The Sea



As the NCC bus and van motored towards Newark Airport on Easter Sunday, the excitement and anticipation was like electricity in the air. For many of the 32 youngsters that would board Piedmont Airlines Flight No. 41 it would be the first time in their young lives that they would get a chance to venture out of the state of New Jersey and experience life away from the confines and comfort of home.

As the jet roared down the runway and the children braced for the very much awaited liftoff, a loud roar echoed thru the jam-packed cabin. Many of the youngsters thrilled to the roller coaster effect of their first flight.

Most of the youngsters seemed to be ecstatic about the ride but 5 year old Carswell Ransome seemed to take it all in stride as he remarked to his mother, "Ooh look mommy, we must be off the ground, because the houses are getting smaller down there." Yes, this was just the beginning of what was to be a fun-filled week in Norfolk, Virginia.

Flight 41 arrived on schedule at Norfolk International Airport, where a beautiful chartered coach awaited our group to take us to Admiralty Hotel, which served as our home away from home for the next week. Upon arrival at the hotel the youngsters were assigned rooms, unpacked, and bedded down for the night, in anticipation of our trip to Busch Gardens in Williamsburg scheduled for the next morning.

The trip to Busch Gardens would not become a reality however, due to inclement weather, namely "rain." It rained all day on Monday. It was not what you would call one of our better days, as witnessed by one of the youngster's reactions at not going to Busch Gardens: "People were mad when we couldn't go to Busch Gardens," said Apryl Butler "but we had fun anyway in the hotel by having pillow fights in our rooms."

On Tuesday the youngsters had a

great time as we traveled to Norfolk for a tour of the Norfolk Naval Base, which is the largest naval base in the world, and is home post to the largest warships in the world, including the nuclear powered aircraft carriers Nimitz and Eisenhower. It is also the home of the Naval Supply Center, the largest store in the world. The Marine Corps Barracks there, established in 1920, are also the largest marine barracks in the United States.

The Norfolk Naval Base is also the home of Navcamslant, Naval Communications Area Master Station Atlantic. Navcamslant is the largest and most complex communication

a smorgasbord type establishment located directly behind our hotel in the mall. For many of the youngsters Duffs was the place to eat, as witnessed by their reactions: Charlene Harper said "we had a lot of food." Shelley Simms also recalled, "The lunches and dinners were delicious. I never ate out every day of the week except on this trip."

Since our game was cancelled that evening, we decided to take a much deserved rest in anticipation of our trip to Virginia Beach the next day, which would be the highlight of the trip for many of our youngsters. Sophia Davis said excitedly "I liked

Darren Davis, Darren Carter, Mike Northern, Lawrence Hughes and Keith Thomas deserve particular mention. Thank you for making all that practice worthwhile!

The NCC Cheerleaders and Pep Squad also did a superb job, providing vocal as well as moral support for our players.

On Friday we went walking through downtown Norfolk and took a tour of the Chrysler Museum, which features an outstanding collection of glass, and is considered to be one of the top twenty museums in the country. We ate lunch by the Waterside, which is a new establishment just built by the City of Norfolk. The Waterside features over one hundred stores, ships, and restaurants housed under one roof. The mall overlooks beautiful Norfolk Harbor.

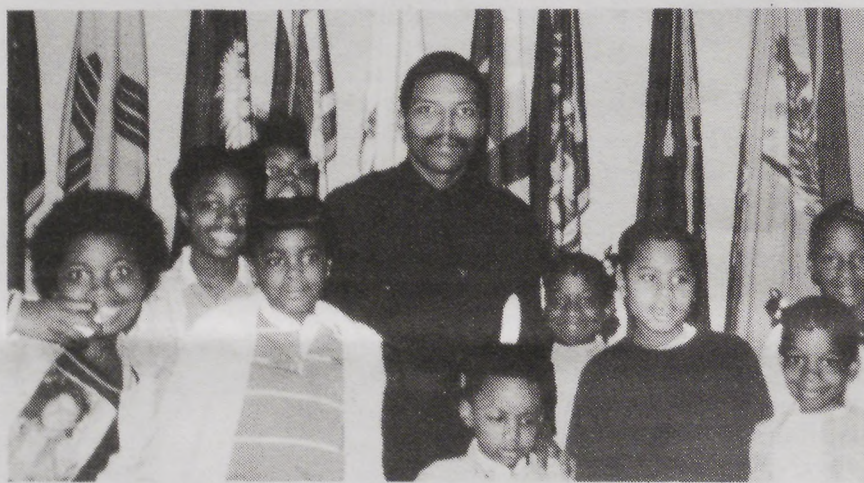
After lunch we went on a breathtaking hour and a half tour of the Norfolk Naval Shipyard and Inner Harbor, aboard the "Carrie B", which is an exact replica of a nineteenth century riverboat, where we observed the nation's oldest dry dock, modern warships, sleek nuclear subs, and aircraft carriers. After our boat ride everyone went shopping for gifts and souvenirs and all were allowed to eat at their favorite dining place. We then returned to the hotel and began to pack for our return flight home on Saturday.

"All in all," Shelly Simms said, "I think the trip to Virginia was exciting because I have never been on a plane before."

Sophia Davis looked to the future saying, "If we take another trip I'd like to go to Florida."

It is experiences such as these that go a long way towards fostering the cultural, educational and recreational awareness of our children. Without trips such as this many of our children probably would never get a chance to experience what it is like to take a vacation.

To all who helped make it a reality - **thank you.** Paul Reid



On tour at the Norfolk Naval Base.

station in the world. More than 50 million messages are processed there each year.

After one tour of the base we had the pleasure of dining in the Naval Mess Hall with the enlisted men, and found firsthand that the meals served there are indeed hearty. After lunch we went to the Hampton Road Museum which is a scaled replica of Independence Hall in Philadelphia. We then proceeded to the Huntersville Recreation Center near downtown Norfolk and a "stones throw" from Norfolk State University for a two hour swim to keep in shape. With that behind us, we went back to our hotel to rest, and had dinner at a place called Duffs, which is

Virginia Beach. My friends and I bought souvenirs and took pictures. We also walked along the beach."

On Thursday morning we went to Lafayette Park near downtown Norfolk until time for our swim at Huntersville Recreation Center. After swimming we went for a snack, in anticipation of our much awaited basketball contest against the Norfolk Recreation City League Champions.

The game was a hard fought battle but the NCC Celtics came out victorious, winning by a narrow margin 52-51. The young men on the team are to be congratulated for the outstanding job they did.

Kevin White, Tyrone Singleton,